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ASA NORTH EAST REGION INTERIM REGIONAL PLAN

1ST OCTOBER 2005 – 31ST MARCH 2006

WORKING COPY

***Progress Reports: 30th November, 2005
31st January, 2006
31st March, 2006***

SECTION 1 – LEARN TO SWIM

To ensure everyone has an opportunity to learn to swim, taught by fully qualified teachers in a quality, structured environment ensuring that all children can swim 25m unaided by Key Stage 2.

Reference:	Key Targets	Corporate Plan ref / Area for action	Regional Targets	Running Total	How	Led By	When	Cost	Comments/Progress
Learn to Swim									
1.3.2	Top up programmes will be an integrated element of delivery of school swimming- 200 LA's will have top up schemes in place	No. of LA's with 'Top up' opportunities in place	2	1	From those who took part in the consultation select one from each County ASA. Devise an action plan within a local action group		Complete Jan 06	DfES funding	SS - Was involved in initial equity pilot in Bradford which is still ongoing with funding now ring fenced for Top up swimming- not DFES funding.
1.1.2	To provide schools and school teachers with appropriate training and resources	LEAs access to National Curriculum Training Programme (NCTP)	5	1	Through SCL projects id need for courses		Start Oct 05 - ongoing	PESSCL funding through Jon Glenn	CN – continuing to push this course and some LA/LEA have organised and funded it themselves. SS - Run 1 in Bradford and Leeds. LH - Doncaster –33 Sheffield running one in Nov
1.1.2		School Teachers attending the NCPT	100	33	Link with PDM network to arrange day release where necessary				
1.1.2		School swimming teachers with CPD module in disability							
1.2.1	1,000 swimming programmes	Swim programmes using NPTS	20		Look at new NPTS schemes through work with ASA Bus. Manager. Id potential areas		Start Oct 05 - ongoing	Cost to purchaser	
1.2.3 1.2.3	Additional 48,000 qualified swimming teachers and coaches at levels 1 and 2	Additional teachers/coaches qualified to Level 1 Additional teachers/coaches qualified to level 2	1 course per CSP 160	12	Continue courses through CSP/AS funding. Arrange courses through Ed network centres		Annual planning, advertise on website and club bulletin	Cost to attendees / self financing	CN – Level 2 course happening in Tyne and Wear in Dec, course is full(12). SS - Humber on Active Sports funded programme. Subsidised 2 L2 from AS. 16 attended L1 in North Lincs.
1.2.4	Minimum of one Training and Development centre in each region	Regional Training and Development Centres	2	1	Finalise agreements with Newcastle and Leeds		July 05 Oct 05	Up to £5000 each NER	CN-1 centre up and running out of Benfield School, Newcastle SS - SLA and proposal sent to Leeds oct 2005. FCS – Newcastle done.

1.2.5	8,000 swimming teachers attending CPD events.	Attendance at CPD events	150	88	Coach Conferences		Oct 05		CN- N&D conference has been cancelled, however will look into other CPD opportunities SS – YSA Coaches Conference run Sept 05 – 80 coaches and volunteers attended. LH – CPD in Humber 20 th . 15 attended. Nov. 8 gained CPD for attendance at TM Training. FCS – 250 events.
1.2.8	240 accredited teaching swimming clubs.	No. of accredited Swim 21 Teaching Clubs	10	6	Work with potential clubs on individual visits & consultation		March 06	£500 WSP	CN – Working with Birtley SS - 6 existing Accredited Teaching Clubs in Yorkshire LH - Working with club to gain accreditation at the Jan panel

SECTION 2 – LIFELONG PARTICIPATION

To ensure everyone has the opportunity to enjoy swimming as part of a healthy lifestyle and to ensure everyone can achieve his or her personal goals. The ASA will continue to work to ensure that everyone learning to swim continues to benefit from participation in the sport to the level to which they aspire throughout their lifetime.

Reference: Lifelong Participation	Key Targets	Corporate Plan ref / Area for action	Regional Targets	Running Total	How	Led By	When	Cost	Comments/Progress
2.2.1	To strengthen links and encourage children to migrate to Swim 21 clubs	School Sports Partnerships with Swim 21 club links	Work with 20 School Sport P/ships		Create awareness of swim pathway with PDM networks Contact PDM, invite to SAG mtgs		March 06	£500 WSP	SS - Hilary Conway-nominated PDM rep on North Yorkshire SAG. Workshop held in N and W Yorks with PDM's and Sag reps. 5 out of 8 PDM's attended from North Yorks and 12 other reps from North Yorks. LH - Meeting all PDM's in Humber in Dec – 5 attended. Met with NEL PDM/School Co-ordinator.
2.2.2	400 Schools' Sports Partnerships with schools linked to 800 accredited clubs	School Sports Partnerships with Swim 21 clubs links	70 SCL officers in clubs		Id areas where S21 clubs exist. All clubs have SCL officer		Dec 05	Officer time	CN - Working with following clubs to achieve accreditation: Performance – Derwentside, BOSSS Competitive – Newburn, Tynemouth, BOSSS, Hartlepool, Sunderland Skill – North Tyneside, Sunderland, Ponteland Teaching – Birtley, Ponteland SS - 3 Accredited Performance 1 Accredited Competitive 12 Skill Development 6 Teaching Clubs 0 Disability Clubs LH - Working with 3 clubs to gain Skill Dev and 1 club to gain competitive at the Jan panel SS - North Yorkshire Clubs Forum helping to develop
2.3.1		Accredited Swim 21 Clubs	2	3	Work to boost number of accredited clubs		Mar 06	Officer time	
		Accredited Performance Clubs	4	1					
		Accredited Competitive Devpt Clubs	6	12					
2.3.1	24 affiliated disability clubs.	Swim 21	10	6					
		Accredited Skill Devpt Clubs	2		Identify clubs and work on individual basis to achieve Swim21		Mar 06		
		Swim 21 Accredited teaching clubs			A network in each CSP		Oct 05		
		Swim 21 Disability Clubs	8						
		County Sport							

		Partnerships with network of Swim 21 clubs							in N Yorks. Sheffield – developed clear pathway for swimmers in club structure.
2.6.2	45 co-ordinated programmes	No. of County Sports Partnership Swimming Activity and Health programmes	2	2	Id minimum of one area in each County ASA, establish contact, form action plan to develop swim for health. Look at additional funding areas to support further posts		Mar 06	Hull & East Riding post:Funding through Dept of Health. Revitalisation of swimming pools. Active work places.	CN – Funding secured from Northern Rock Foundation for Health Post in South Tyneside. Meeting with LAs in Northumberland to look at possible Health Post in partnership with SE SS - 1 Hull & East Riding Audit work done in North Yorks to id possible project here- Hambleton & York both submitted expressions of interest. PM - Swim for Health Dev Office in post 10 th October. Swim for Health meeting held 18 th October. Preliminary meetings held with partners and pool sites across Hull & East Riding. Aqua session to be incorporated into Hull Exercise Referral Scheme early in New Year. PhD student appointed at Hull University to evaluate activity organised through the project. Student in post from 1 st December.

SECTION 3 – ATHLETE DEVELOPMENT

To ensure everyone can achieve his or her personal goals and to ensure that we achieve gold medal success. The development of swimmers to their full individual potential is an important factor and we will achieve this by ensuring that all swimmers have a quality coaching and training environment at each stage of their development.

Reference: Athlete Development	Key Targets	Corporate Plan ref / Area for action	Regional Targets	Running Total	How	Led By	When	Cost	Comments/Progress
3.1.1	800 Swim 21/Clubmark accredited clubs	Swim 21 Accredited clubs Swim 21 Accredited Performance Clubs Swim 21 Competitive Development Clubs Swim 21 Accredited Skill Development Clubs Swim 21 Accredited Teaching Clubs	2 4 6 10	3 1 12 6	Through SAG, id LA areas where potential accredited clubs are. Enlist help / support form SDO. Approach club directly. Organise workshops for clubs		Mar 06	£200 per club PESSCL	CN- same as 2.2.2 SS - See previous Look to recruit support in North Yorks to help with Swim 21.
3.2.1	72 networks of accredited clubs	No. of networks of Swim 21 Accredited clubs	8	2	Define what a network is. Map out clubs in the region working with each other		Mar 06		LH - Humber SAG 7 accredited clubs working together NEL network of 4 accredited clubs
3.2.2	LA's with Swim 21 clubs will understand the needs of competitive swimmers and this will be reflected in the programming of their facilities and pricing of their water time	LA programming facilities to accommodated needs of competitive swimmers	12	3	Meet with LA / clubs to discuss possible extended water time.		Mar 06		LH - Increased water time agreed for early morning training in NEL/Barnsley/Doncaster
3.3.1	Additional 96 ASA Coach/UKCC level 4	ASA Level 4 coaches	10 12	5	Audit the need and identify		Complete by Mar 06	£500 WSP and Grant funding	CN – Working with FCS to organise a Club Coach

	184 Club Coaches/UKCC level 3	ASA Level 3 coaches plus Trained ASA/UKCC tutors Trained national 'Presenters' Trained vocational trainers			suitable venue. Appoint course organiser, tutor & advertise Run 1 level 3 and 1 level 4			by NE region 1 L3 planned for 2005. UKCC delayed again. Lead tutor training taking place in March 06 so more tutors in place early autumn 06. Presenters being identified, no approaches made yet	Course in Feb/Mar SS - Ran a Level 3 course in Leeds for volunteers- 5 reps attended from NECASA clubs. LH - Would like to run a level 3 in HSP
3.4.2	At least 50% of qualified coaches will use Multi regional and CSP level Swimming Development Camps for CPD	No. of CPD opportunities for coaches No. of CPD opportunities at partnerships No. of CPD opportunities at multi-regional TiD le	140		Work with Reg Ed Centres and Reg IoS reps to id courses, venues & participants Open courses to all		Oct 05 Jan – Mar 06	Venue cost Tutor cost Approx. £1000 for 2 conferences, Self financing	SS - Humber Active Sports Courses. Additional £5,000 secured through YSA Oct 05 to run Yorkshire Regional Camp.
3.4.3	CSP delivering Active Sports Swimming Framework	No. of Active Sports swimming programmes	4 CSP's	5	Continue with CSP with AS funding. Deliver one year action plan		Year end determined by P/ship	£4000 NER	CN – 4 CSPs in N&D area are continuing to deliver the Active Sports prog. SS - Humber implementing year 2 Active Sports until March 06
3.5.2	All sub regional structures to work with the Framework	No. of sub regional structures	2		2 county ASA		Ongoing	?	
3.5.4	Classification process in place for disabled swimmers seeking to enter competition	Classification team (1 technical and 1 medical classifier in each region) Swimming Officials having attended IPC training course	2		Identify potential classifiers. 1 per County ASA. Outline process Attend appropriate level of competition to start course		Oct 05 id people And start training	£2500 National Disability budget	CN – working with SS and LH to identify relevant people to attend course.

3.6.1	2,400 trained team managers.	No. of accredited Level One Team Managers	10 tutors 50 team managers		Run training course in each ASA County Team Managers organise and run course		Nov / Dec 06	£700 £1000 National Volunteer budget NER pay expenses	CN – Laising with tutors to set dates to run 4 courses in late Jan early Feb, 1 course per CSP LH - Tutor/Presenters course delivered 6 th November 05 to 8 candidates, team manager course planned for Nov 05
3.7.1	At least 50 accredited Swim 21 clubs within 24hrs dedicated water time per week for their top squads and 10 of these clubs with at least 50 swimmers achieving breakpoint volume in 20-24 hrs per week	Clubs with 24 hrs water time per week Clubs with at least 50 swimmers training 20-24 hrs per week Swim 21 accredited Performance Clubs Swim 21 accredited Competition Development Clubs ASA Level 4 Coaches in Swim 21 clubs	5 2 2 4 5		Id performance clubs and swimmers Continue with working with clubs to achieve accreditation		Ongoing		SS – see above Only Leeds – Sheffield and Hull offer this amount of water time (tbc).

Reference: Athlete Development	Key Targets	Corporate Plan ref / Area for action	Regional Targets	Running Total	How	Led By	When	Cost	Comments/Progress
Diving									
3.4.1	There will be a progressive series of Diving Development Camps servicing the needs of talented divers at local, County Sports Partnership and Regional level	No. of local diving development academies No. of partnerships TiD Smart Track Camps at a Partnership/County level No. of Zone Camps	2 camps		Work with established diving clubs to hold 1 Development Camp within 2 CSP's		By March 06	£1000 per camp WSP NER pay expenses	
3.4.2	At least 100 coaches will use Regional and County level Diving Development Camps for CPD	No. of CPD opportunities for coaches at local academy level No. of CPD opportunities at Partnership TiD level No. of CPD opportunities at Zone level	8 coaches 4 coaches ?		Incorporate CPD training into development camps		By March 06	In cost above	
3.5.2	Sub regional structures will be working to the National Competition Framework	Regions working to the National Competition Framework	1		Introduce framework to regional committee for approval		Oct onwards		
Water Polo									
3.2.1	24 tutors or licensed presenters delivering Mini-polo workshops	Workshops within each region	2 workshops		Identify areas for seminar Work with partners to organise event Decide on target audience Show outcome of workshop and where next		By Mar 06		
3.4.1	Progressive series of Devpt clinics and camps for talented players, at regional and county level, linking to CSP.	No. Regional Development clinics, camps No. county/CSP Devpt clinics and camps	1 1		See individual work programme for water polo co-ordinator		By Dec 05		

SECTION 4 - EXCELLENCE

Swimming remains focused on the achievement of success at Commonwealth Games as part of our Olympic and Paralympic aspirations.

Reference:	Key Targets	Corporate Plan ref / Area for action	Regional Targets	Running Total	How	Led By	When	Cost	Comments/Progress
Excellence									
4.1.1	260 swimmers per year supported through the World Class Start and Potential programmes.	Swimmers on World Class Age clinics Swimmers on Talent section and screening programme							
4.1.1	An estimated 30 swimmers smart tracked through the system. Disability specific info: Start programme: 28; 34; 35; 35; Youth programme: 20; 25; 25; 25	No. of swimmers on Smart Track Age programme Swimmers on world Class Youth programme Swimmers on National Event camps Swimmers on World Class Age group programme							
4.3.1	Swimmers in receipt of specific training and competition preparation in readiness for CWG	No. of WC funded swimmers No. of non funded swimmers No. of WC funded divers No. of WC funded disability swimmers No. of non funded disability swimmers No. of non synchro swimmers No. of non funded water polo players							

SECTION 5 - VOLUNTEERING

To ensure everyone can achieve his or her personal goals. Swimming understands what motivates volunteers and will continue to develop the partnerships that enable the goals of the sport to be achieved.

Reference:	Key Targets	Corporate Plan ref / Area for action	Regional Targets	Running Total	How	Led By	When	Cost	Comments/Progress
Volunteering									
5.1.1	8,000 additional volunteers, including 2,000 new officials.	Minimum additional volunteers Clubs with a Volunteer Co-ordinator Counties with a Volunteer Co-ordinator Counties with a Disability Co-ordinator Counties with a Welfare Officer Clubs with a welfare officer National Volunteer Co-ordinators	22 clubs 1 in each County ASA		Ensure all Swim21 clubs have an active Volunteer Coordinator with job description. Appoint Volunteer, Disability, welfare officers in each County ASA. Produce job role and description with a mini action plan of what is needed within the county		Mar 06 Dec 05	Officer time	

SECTION 6 - FACILITIES

The provision of suitable and appropriate facilities for the needs of the sport is fundamental to achieve all of Swimming's Mission. There is a need to ensure that both the individual and collective needs of the community are addressed, as well as the specific and diverse needs of aquatic disciplines, including the need to ensure adequate training facilities and the facility requirements for major events.

The National Facilities Strategy will continue to provide much needed guidance material for the provision of adequate facilities for all aquatic disciplines.

Reference:	Key Targets	Corporate Plan ref / Area for action	Regional Targets	Running Total	How	Led By	When	Cost	Comments/Progress
Facilities									
6.1.1	26 x 50m pools.	50m pools	Sunderland Leeds		Consult with LA on 50m builds. Attend consultation meetings and provide perspective of the region.		Ongoing	Officer time	CN – continuing to work with Sunderland to develop the swimming plan and also make sure the correct structures are in place for the pool opening

SECTION 8 – EQUITY AND ETHICS

Swimming believes in the principle of sports equity and fair play to deliver the Mission.

Reference:	Key Targets	Corporate Plan ref / Area for action	Regional Targets	Running Total	How	Led By	When	Cost	Comments/Progress
Equity and Ethics									
8.1.1	800 clubs and 45 County Sports Partnership Swimming Action Groups working to ensure that swimming is accessible.	Accredited Swim 21 clubs CSP Swimming Action Groups	85% clubs working towards accreditation Continue 8 CSP SAG's	8	Review representation on SAG Keep agenda's new but similar in each CSP Address wider development issues		Ongoing	Officer time	CN – 4 CSPs have SAGs all of which are either constituted with a bank account or currently going through process. Representation has been looked at and the remit of the group is being widen to address other areas of aquatics. LH /SS– 4 CSP SAG established. Humber starting to address wider development, to review SAG representation in March depending on what happens with Active Sports funding.
8.1.2	1,000 Schools to Club Links programmes	School/Swim 21 Club links	16 new SCL projects	1	Develop local swim action groups to write action plan for SCL. Involve school reps and PDM networks		Ongoing	Variable, funding through PESSCL and other sources	CN – Middlesbrough have had a SCL project approved for funding. Also looking at possible projects in Stockton, Darlington and Sedgfield LH – various SCL action plans currently being written.
8.2.4	Integrated Equity action plan	Equity Action Plan Regions implementing Action Plan Counties implementing Action Plan	1 regional plan 2 county plans		Distribute ASA Equity plan. Form consultative group and draft regional equity plan. Put out to consultation Approach Counties to repeat process		Feb 06 April 06	Publishing costs, distribution costs NER	

8.5.2	Regions, Counties and Swim 21 Clubs will have adopted Child Protection Policy	No. of Regions No. of Counties No. of Clubs	1 regional plan 2 county plans		Distribute ASA Child Protection policy. Form consultative group and draft regional policy. Put out to consultation Approach Counties to repeat process		Feb 06 April 06	Publishing costs, distribution costs NER	
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Section 9 – Governance, Structures and Partnerships

Swimming, as a major sport, recognises the importance of ensuring that the business activities follow best practice in corporate governance. There is also recognition that to achieve the Mission there is a need to forge partnerships with a variety of agencies. The ASA provides strategic leadership for Swimming in England connecting together the overall planning processes at National, Regional and County levels.

Reference:	Key Targets	Corporate Plan ref / Area for action	Regional Targets	Running Total	How	Led By	When	Cost	Comments/Progress
Governance, Structures and Partnerships									
	Establishment of 8 ASA Regions with elected board and paid management teams.		1	1	Regional Launch to all partners		Oct 05 Nov 05	£2000 regional launch budget	1 st October to Clubs and Membership 5 th December to external partners
9.1.1	8 ASA Regional Plans.	No. of established regions	June 05 Aug 05 Sept – Dec 05 Jan / Feb 06 Feb 06 Feb 06 Mar 06		Meet consultants to assess possibility of facilitating external partners consultation process. Run number of workshops Collate information Draft plan Circulate for views Final draft and present to Board		See targets column	6 days at £300 per day = £1500 WSP £300 NER	Regional Plan and 3 year operational plans currently being drafted together through consultation
9.3.1	35 County ASA Plans.	National Corporate Plan in place Regional plans in place Counties with operational plans	1 2		As a result of above process.		As above	£1000 printing costs NER	